OPPORTUNITY SINCE 1970
A HISTORICAL REPORT

Opportunity Nation
Measure of America
INTRODUCTION:

Central to our identity as Americans is a shared belief that, no matter how humble your origins, with hard work and perseverance, you can improve your prospects and give your children a shot at a secure and productive future. For generations, Americans lived this dream. Social mobility was a reality, and millions were able to climb the ladder to economic security. But today, the American Dream is too often just that—a dream. Increasingly, it’s your zip code that predetermines your destiny.

Commonly-used measures of a region’s success include business-oriented rankings and unemployment rates. But these do not provide residents, community leaders or elected officials the complete picture they need to understand barriers to opportunity and to take action to improve outcomes. Do jobs pay family-sustaining wages? Are students graduating from high school on time? Are our communities safe?

The Opportunity Index focuses on the conditions present in different communities. It is designed to connect economic, educational and civic factors to help identify concrete solutions to lagging conditions for opportunity and economic mobility. From preschool enrollment to income inequality, from access to doctors to access to a higher education, expanding opportunity depends on the intersection of multiple factors.

Developed by Measure of America and Opportunity Nation, the Opportunity Index gives policymakers and community leaders a powerful tool to advance opportunity-related issues and initiatives, advocate positive change and track progress over time.

Following the development of the Opportunity Index in 2011 and tracking of its progress for two subsequent years, there was interest in looking back at how these important measures have changed over time. What follows is presentation and analysis of a new Historical Report of Opportunity, created in order to understand the story of access to opportunity in the United States over the past forty years.

While the Opportunity Index includes 16 indicators, this Historical Report includes ten indicators and provides state scores for every decade from 1970 to 2010. The reason for the difference between the two measures is that a number of the indicators used in the Opportunity Index are not available for prior years. For some indicators, such as access to the Internet, the reason is obvious: there was no Internet in 1970. In other cases, such as the group membership and volunteerism indicators included in the Opportunity Index, data were not collected on a regular basis until recently. The indicators missing from the Historical Report include the following: access to banking institutions, spending on housing, Internet access, membership in civic and other groups, volunteerism and access to healthy food. The indicators used to measure income inequality and access to doctors have been modified to enable the four-decade comparisons. These changes mean that opportunity scores on this Historical Report are not comparable to those on the standard Opportunity Index.
## Indicators

### Economy

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jobs</td>
<td>Unemployment rate (annual average)</td>
</tr>
<tr>
<td>Wages</td>
<td>Median household income</td>
</tr>
<tr>
<td>Poverty</td>
<td>Poverty (% of population below poverty line)</td>
</tr>
<tr>
<td>Inequality</td>
<td>Gini index of income inequality</td>
</tr>
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### Education

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool</td>
<td>Preschool (% ages 3 and 4 in school)</td>
</tr>
<tr>
<td>High School Graduation</td>
<td>On-time high school graduation (% of freshman who graduate in four years)</td>
</tr>
<tr>
<td>Postsecondary Completion</td>
<td>Associate Degree or higher (% of adults 25 and older)</td>
</tr>
</tbody>
</table>

### Community

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Safety</td>
<td>Violent Crime (per 100,000 population)</td>
</tr>
<tr>
<td>Youth Economic and Academic Inclusion</td>
<td>Young people not in school nor working (% ages 16-24)</td>
</tr>
<tr>
<td>Access to Health Care</td>
<td>Medical doctors (per 100,000 population)</td>
</tr>
</tbody>
</table>

*For complete methodology and sources, please refer to the Historical Report of Opportunity: Methodological Notes on page 13.*

## Measurement

All the indicators are weighted equally. Each of the three dimensions makes up one-third of the final Index value.

Scores are calculated for all 50 states and Washington, D.C.


## Sources

- U.S. Census Bureau
- American Community Survey
- U.S. Bureau of Labor
- U.S. Department of Education
- U.S. Department of Justice
- U.S. Department of Health and Human Services
NATIONAL & STATE FINDINGS:

Conditions for opportunity across the nation improved overall across the four decades measured in this Historical Report, but the path has been anything but straight, and does not mean our work is finished. The Historical Report Opportunity Score was about 13 percent higher in 2010 than it was in 1970. The decade that spanned 1990-2000 saw the greatest progress by far—ten times the growth in the report value seen in the second-best decade, that between 1980 and 1990. On the other hand, two decades, 1970 to 1980 and 2000 to 2010, saw declines across a range of measures of opportunity. The chart on the following page shows the trend since 1970 in the overall report (in blue) and the progression for each of the three dimensions that make up the Historical Report.

Turning from national trends to state-level trends, nearly every state saw progress on the overall report from 1970 to 2010. The state with the greatest gains over this four-decade period was Virginia. Virginia’s gain was largely on the basis of steady improvement in a host of indicators over the four decades, including not only robust gains in income but also significant reductions in poverty and violent crime and a sizeable improvement in the on-time high school graduation rate of Virginia’s young adults.

Only two states—Nevada and Michigan—saw a decline in their Historical Report score between 1970 and 2010. Michigan’s biggest challenges were, unsurprisingly, in the economic realm, with sharply increasing income inequality and unemployment coupled with the greatest increase in poverty and steepest decline in income of any state. The worst decades for Michigan on these indicators were the 1970s and the 2000s, which, of course, encompassed the Great Recession.

Nevada’s decline is linked in particular to one decade. From 2000, when Nevada ranked fortieth among the 50 states plus Washington, DC, to 2010, when it was at the very bottom of the Opportunity Scale, the state faced steep struggles across all three areas of the report. In the area of Jobs and Local Economy, every state saw negative impacts on economic opportunity during this decade due to the Great Recession, but Nevada and Michigan experienced the worst declines. In education, important gains have been made across the nation in meeting the new requirements of today’s knowledge economy, but Nevada saw the slowest progress. And in the area of Community Life, the decline in Nevada was extreme. In fact, Nevada was the only state with a decline in this set of indicators from 1970 to 2010, mostly in the last decade of this period due to a rise in youth disconnection—one in five young people in Nevada ages 16 to 24 were neither in school nor working in 2010—and a dramatic increase in violent crimes.

Two states that have consistently high Opportunity Scores in the Historical Report are New Hampshire and Connecticut. New Hampshire has been the top-scoring state in the report since 1990, taking over from Hawaii, which topped the list in 1970 and 1980. Connecticut ranked in the top three states overall in every decade up until 2010, when it dropped to seventh. While in some areas, Connecticut continued to expand opportunity, these positives were outweighed by Connecticut’s exposure to the Great Recession. Connecticut suffered very high increases in unemployment and reductions in household income during this decade.

At the other end of the spectrum is a set of states that have consistently struggled with the opportunities available to their residents. Most prominent among them are Alabama, Louisiana, Mississippi and New Mexico, four states that have been among the bottom-ranked five states throughout most of the four-decade period. As is discussed above, Nevada only joined this group of opportunity-poor states in 2010.
**HISTORICAL OPPORTUNITY TRENDS, 1970–2010**

**HISTORICAL OPPORTUNITY STATE TRENDS, 1970-2010**

**GREATEST GAIN IN OPPORTUNITY**
- Virginia

**HIGH FLYERS**
- New Hampshire and Connecticut

**SAW DECLINE IN OPPORTUNITY**
- Nevada and Michigan

**SLOW PROGRESS**
- Alabama, Louisiana, Mississippi, New Mexico
HOW HAVE JOBS AND THE LOCAL ECONOMY CHANGED OVER THE PAST FOUR DECADES?

The Jobs and Local Economy Dimension is the only dimension of the Historical Report with a lower score in 2010 than in 1970. While the Jobs and Local Economy Dimension score was 62.4 out of 100 in 1970, this figure had fallen to 48.5 forty years later, a reduction of 22 percent. Although this set of indicators overall saw progress during the 1980s and 1990s, the economic declines of the 1970s and 2000s ultimately eroded any long-lasting positive effect of this growth. The national decline post-2000 was almost three times as large in percentage terms as the decline of the 1970s, while the positive change between 1990 and 2000 was more than double the positive change between 1980 and 1990.

Ohio, Nevada and Michigan saw the greatest setbacks in the Jobs and Local Economy Dimension of the Historical Report. Between 1970 and 2010, these three states saw their scores in this dimension fall by more than 35 percent from their original 1970 values. Only five states—Arkansas, North Dakota, South Dakota, Louisiana and Mississippi—managed to improve their scores during this same period. The Great Recession late in the last decade can be blamed for part but not all of this poor performance. Between 1970 and 2000, for example, the Jobs and Local Economy scores of more than half of the states increased. But income inequality was also on the rise in every state and the District of Columbia between 1970 and 2000, evidence of one of the structural changes in the American economy over the past several decades that has slowly eroded economic opportunity across the nation.

All of the bottom five states for the decades between 1970 and 2010 are located in the Southeast, with the sole exception of New Mexico. The differences between low- and high-scoring states are vast; the 2010 Jobs and Local Economy Dimension figure for New Hampshire is, for example, more than double the value for Mississippi. In 2010, New York was the median state in terms of this indicator.

Unemployment tends to vary along with the business cycle, although it falls more during expansions and increases more in recessions in some states than in others. The overall national unemployment rate in 2010, 9.6 percent, was almost twice what it was in 1970. This reflects in large part the slow recovery from the Great Recession. As with the overall dimension, the unemployment rate improved between 1980 and 2000, but worsened during the 1970s and again after the Millennium. Only one state—North Dakota—managed to escape rising unemployment over the forty years, albeit by less than one percent. In 2010, only North Dakota and Nebraska had unemployment rates below 5 percent, a grim reversal from the 1990s, when unemployment rates were above 5 percent in only eight states.

The second indicator in the economic dimension is median household income, or the wages and salaries of all workers over age 16 in a household. At the national level, the United States experienced a decline in median household income only between 2000 and 2010 among the four decades since 1970. During these ten years, all 50 states and the District of Columbia saw a real decrease except for North Dakota, Wyoming and DC. The increase in the District of Columbia was, in fact, greater in magnitude than the decrease in all but eight states. These overall losses, however, do not negate the gains of the previous 30 years. The typical American household of 2010 made $6,885 more, in 2012 dollars, than the typical American household of 1970. Only Michigan, Ohio and Indiana experienced real declines in income between 1970 and 2010.

Of the four variables that compose the Jobs and Local Economy Dimension of the Historical Report, the poverty rate tells perhaps the most complex story.
Overall, the poverty rate, or the percentage of people of all ages living on incomes below the federal poverty line, increased by nearly 12 percent between 1970 and 2010, from 13.7 percent to 15.3 percent, but these periodic national averages obscure great variation year-on-year and place-by-place.

The five states with the highest rates of poverty in both 1970 and 2010 are located in the Southern United States, with the exception of New Mexico. Even though Mississippi has been home to the sharpest decline in poverty—13 percentage points, from 35.4 percent in 1970 to 22.4 percent in 2010—the state still retains its 1970 place as the state with the highest poverty rate nationwide.

Inequality is a buzzword in contemporary American society, and our data indicate that this hype is largely defensible. In no state did the Gini Index of Income Inequality, the fourth indicator in this dimension, decrease during the decades between 1970 and 2010. Out of a possible range from 0 to 1, income inequality in the United States increased by 0.108 over the course of these forty years, an increase of nearly thirty percent. Connecticut and Massachusetts, however, saw increases in this figure that were 30 percent greater than the national average. In 2010, the District of Columbia, New York and Connecticut had the highest degree of inequality, while Wyoming, Utah and Alaska had the lowest.
Between 1970 and 2010, the state with the greatest absolute increase in the Education Dimension was Massachusetts, and the state with the smallest increase was Nevada. Both states improved their education indicators between 1970 and 1980, but then diverged, with Massachusetts making strong gains from the 1990s onwards while Nevada’s score fell or stagnated in every decade after 1980.

The story is also one of uneven progress, and even some setbacks, in each the Education Dimension’s three components—preschool, on-time high school graduation and the share of adults with at least an associate’s degree.

The value of having young children attend a high-quality preschool has been much discussed lately. There is strong evidence to support the benefits of preschool for low-income children to lay a solid foundation for their development, not only in terms of academic achievement, but also socially and emotionally. On this first indicator of three within the Education Dimension, the percentage of children ages 3 and 4 enrolled in preschool, both public and private combined, increased almost four-fold nationwide between 1970 and 2010. But progress was uneven. The 1970s and 1990s saw large increases in preschool enrollment, whereas both the 1980s and the period between 2000 and 2010 witnessed declines, though smaller than the advances. Changes in preschool enrollment rates over time appear to be influenced by federal policy and spending. Head Start expanded in the 1970s, for instance, and in 1990, the federal government established a major childcare program for poor and low-income children called the Child Care and Development Block Grant.

Success in today’s economy requires an educated and flexible workforce. Completing high school is the barebones minimum requirement in our globally interconnected world. The indicator increasingly used for measuring high school attainment is on-time high school graduation, or the percentage of public high school freshmen who graduate after four years of high school. The second indicator in the Education Dimension, on-time high school graduation is the Historical Report’s most stubborn indicator; 78 percent of students graduated high school on time in 1970, and 78.2 percent graduated on time in 2010. The rate rose and fell only slightly from decade to decade.

Looking more closely at recent state-level trends, between 2000 and 2010, the trend was mostly positive with only four states experiencing a decrease in the rate of on-time high school graduation rates—Nevada, Utah, Connecticut and the District of Columbia. While the US average for students completing high school four years after they enter ninth grade is about 78 percent, Nevada, the state with the lowest rate, has a rate that is just under 58 percent. This is in marked contrast to states like Vermont and Wisconsin, where over 90 percent of students finish high school on time.

The final indicator in the Education Dimension of the Historical Report is a measure of postsecondary education—the proportion of adults age 25 and older who have earned at least an associate degree. Nationally, this higher education indicator tells a very positive story, with an increase of 105 percent, 1970-2010. There were no states for which the percent of the population who had acquired an associate’s degree or higher decreased between 1970 and 2010, and only one state—Nevada—where this positive gain was less than 10 percentage points.
### TOP AND BOTTOM FIVE STATES IN PRE-SCHOOL ENROLLMENT, 1970–2010

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<td>Hawaii</td>
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<td>D.C.</td>
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<td>Florida</td>
<td>New Jersey</td>
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<tr>
<td>3</td>
<td>California</td>
<td>New Jersey</td>
<td>Maryland</td>
<td>Massachusetts</td>
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<tr>
<td>4</td>
<td>Connecticut</td>
<td>Maryland</td>
<td>Massachusetts</td>
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<td>New York</td>
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<tr>
<td>5</td>
<td>Florida</td>
<td>Massachusetts</td>
<td>New Jersey</td>
<td>Connecticut</td>
<td>New York</td>
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<td>1970</td>
<td>Kentucky</td>
<td>Wyoming</td>
<td>Idaho</td>
<td>North Dakota</td>
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<td>1980</td>
<td>Wyoming</td>
<td>Idaho</td>
<td>West Virginia</td>
<td>South Dakota</td>
<td>North Dakota</td>
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<tr>
<td>1990</td>
<td>Idaho</td>
<td>Montana</td>
<td>South Dakota</td>
<td>West Virginia</td>
<td>North Dakota</td>
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<tr>
<td>2000</td>
<td>Indiana</td>
<td>Idaho</td>
<td>West Virginia</td>
<td>Nevada</td>
<td>North Dakota</td>
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<td>2010</td>
<td>Idaho</td>
<td>Alaska</td>
<td>North Dakota</td>
<td>Arizona</td>
<td>Nevada</td>
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### NATIONAL EDUCATION INDICATOR SCORES

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<tbody>
<tr>
<td>Preschool</td>
<td>Preschool (% ages 3 and 4 in school)</td>
<td>12.2</td>
<td>32.7</td>
<td>28.9</td>
<td>49.3</td>
<td>47.8</td>
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<tr>
<td>High School Graduation</td>
<td>On-time high school graduation (% of freshman who graduate in four years)</td>
<td>78.0</td>
<td>72.2</td>
<td>73.7</td>
<td>71.7</td>
<td>78.2</td>
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<tr>
<td>Postsecondary Completion</td>
<td>Associate Degree or higher (% of adults 25 and older)</td>
<td>17.5</td>
<td>26.3</td>
<td>26.8</td>
<td>30.7</td>
<td>35.8</td>
</tr>
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</table>
HOW HAS COMMUNITY LIFE CHANGED OVER THE PAST FOUR DECADES?

The Community Life Dimension comprises three indicators that probe different aspects of a person’s ability to participate in the decisions that affect his or her life, to live in a safe neighborhood and to create or seize opportunities. For the Historical Report, these three areas are: the proportion of youth not in school and not working; the rate of violent crime; and access to medical doctors. In the Community Life Dimension, there was an increase nationwide of over 20 percent between 1970 and 2010. The only decade within this period that did not benefit from the upward trend was the 1970s, mostly due to a tragic increase in the rate of violent crimes. Since that time, however, even in light of the recent Recession, the average American has benefitted from increasingly healthier, safer and more connected neighborhoods.

New York was home to the most significant increase in the Community Life Dimension over these forty years. The state’s gain in this dimension of the report was more than two times the gain made by the nation overall and about 24 percent greater than the positive change of second-most-improved state, Maryland. New York’s success can be seen across all of the indicators: a decrease in the percentage of disconnected youth; 290 fewer violent crimes per 100,000 residents in 2010 than in 1970; and a steady increase in the number of medical doctors per 100,000 people. In terms of crime, New York went from having the second highest violent crime rate in 1970 (after Washington, DC) to 13th highest in 2000. By 2010, the state’s violent crime rate had sunk below the national average.

New York’s experience is not shared by all states, however. Many states saw negligible improvement in these indicators over this period and, as mentioned above, Nevada saw its score on the Community Life Dimension decrease, experiencing a loss of almost 12 percent. The period of most drastic decline in Nevada was from 1970 and 1980; the violent crime rate increased by nearly 130 percent over the course of this decade. Between 1980 and 2000, Nevada regained ground on its Community Life score only to see some of these gains reversed between 2000 and 2010 when the violent crime rate jumped, breaking a nationwide pattern of decline.

Looking more closely at the three indicators that make up the Community Life Dimension, the first is the proportion of young people ages 16 to 24 who are neither in school nor working. This indicator, referred to as the “youth disconnection rate,” is a vitally important measure of community health. Rather than laying the foundation for a productive life by gaining skills, identity and purpose through school and work, disconnected youth find themselves adrift at society’s margins, with long-term consequences for young people and for society. At the national level, the youth disconnection rate dropped by four percentage points, from nearly one in five young people neither in school nor working (18.8 percent) in 1970 to 14.7 percent in 2010. Although the figure decreased between 1970 and 1990, the rate of disconnected youth has increased since 1990. North Dakota, Vermont, West Virginia and Wyoming experienced the most significant improvements on this indicator during this 40 year period, although, despite its improvement, West Virginia still had an unsatisfactorily high youth disconnection rate in 2010.

The second measure included in this dimension is the rate of violent crime per 100,000 people, comprised of the rates of homicide, rape, robbery and assault. Violent crime rates increased by just over 10 percent nationwide between 1970 and 2010, from 363 violent crimes per 100,000 people to just over 400 at the end of the four-decade period. However, beneath this average lies tremendous volatility both across time and within states. The rate of violent crime doubled nationwide between 1970 and 1990, but fell between 1990 and 2010. The District of Columbia is a notable outlier. Although DC retains the highest rate of violent crime when compared to the 50 states, this figure has dropped over 40 percent during the past 40 years. Nine hundred fewer city residents of every 100,000 were victims of violent crime in 2010 than in 1970.
COMMUNITY LIFE: MOST AND LEAST IMPROVED STATES

1. North Dakota
2. New Hampshire
3. Vermont
4. Iowa
5. Wisconsin

1970
1980
1990
2000
2010

TOP AND BOTTOM FIVE STATES IN VIOLENT CRIME, 1970–2010

1970
1. North Dakota
2. New Hampshire
3. Vermont
4. Iowa
5. Wisconsin

1980
1. North Dakota
2. South Dakota
3. Vermont
4. New Hampshire
5. Wisconsin

1990
1. North Dakota
2. Vermont
3. New Hampshire
4. Maine
5. Montanta

2000
1. North Dakota
2. Maine
3. Vermont
4. South Dakota
5. New Hampshire

2010
1. Maine
2. Vermont
3. New Hampshire
4. Wyoming
5. Utah

NATIONAL COMMUNITY INDICATOR SCORES

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<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Community Safety</td>
<td>Violent Crime (per 100,000 population)</td>
<td>363.5</td>
<td>596.6</td>
<td>729.6</td>
<td>506.5</td>
<td>404.5</td>
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<tr>
<td>Youth Economic and Academic Inclusion</td>
<td>Young people not in school nor working (% ages 16-24)</td>
<td>18.8</td>
<td>17.3</td>
<td>14.0</td>
<td>14.3</td>
<td>14.7</td>
</tr>
<tr>
<td>Access to Health Care</td>
<td>Medical doctors (per 100,000 population)</td>
<td>137.2</td>
<td>182.6</td>
<td>213.4</td>
<td>251.1</td>
<td>265.9</td>
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</tbody>
</table>
Many factors affect the ability of an individual to seize opportunity. Personal traits, behaviors and decisions can expand or constrict opportunity. Research shows that certain characteristics of a person's parents, such as their education level, their marital status and their racial or ethnic heritage are associated with different sets of life chances. But the conditions of the communities in which people are born, grow up, go to school, work and become parents themselves are also fundamental to the economic, social and civic opportunities available to them.

This Historical Report of Opportunity tells a generally positive story at the national level and highlights opportunity bright spots, such as increased preschool enrollment, greater post-secondary educational attainment and higher household incomes. But it also shines a spotlight on some worrisome trends at the national level and in some states, such as increased unemployment, the number of disconnected youth and rising inequality. Expanding opportunity requires creating conditions for success in communities. The Historical Report indicates that some states may have set priorities and made investments over the past 40 years that have created opportunity rich environments in 2014. Other states find themselves opportunity-poor in 2014. While external economic shocks like the decline in manufacturing and the Great Recession may have had an impact on the opportunity landscape in such places, the policy decisions of the last four decades likely have also played an important role and deserve further exploration.
Historical Report of Opportunity: Methodological Notes

Overview

The Opportunity Index is a unique tool designed to provide a snapshot of what opportunity looks like at the state and county levels. The Index focuses on the conditions present in different communities and is designed to help local communities connect economic, academic, civic, and other factors together to support opportunity and economic mobility. The Historical Report tracks ten indicators, representing some of the most important of these factors for the nation overall, as well as for the 50 states and Washington DC across the decades spanning 1970 to 2010.

Differences Between the Historical Report of Opportunity and the Opportunity Index

The Historical Report measures conditions that affect opportunity from 1970 to 2010 by looking at the same three dimensions of opportunity as the Opportunity Index, which has been published annually by Measure of America and Opportunity Nation since 2011. Every effort has been made to use the same indicators and methods in the calculation of both tools; however, not all of the same indicators used in the Opportunity Index are available for all years of the Historical Report and six indicators are not available in any similar form. As a result, the Historical Report and the annual Opportunity Index cannot be compared with one another.

The following table summarizes the differences between the two versions of the Opportunity Index:

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1 Measure of America thanks Thomas Snyder of the National Center for Education Statistics for his expertise on historical educational completion data.
<table>
<thead>
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<th>DIMENSION</th>
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<th>OPPORTUNITY INDEX</th>
<th>HISTORICAL REPORT OF OPPORTUNITY</th>
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<tr>
<td>Jobs and Local Economy</td>
<td>JOBS</td>
<td>Unemployment Rate (%) Monthly average</td>
<td>Unemployment Rate (%) Annual average</td>
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<td>WAGES</td>
<td>Median Household Income ($)</td>
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<td>POVERTY</td>
<td>Poverty (% of population below poverty line)</td>
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<td>INEQUALITY</td>
<td>80/20 Ratio (Ratio of household income at the 80th percentile to that at the 20th percentile)</td>
<td>Gini index of income inequality</td>
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<td>ASSETS</td>
<td>Banking Institutions (commercial banks, savings institutions, and credit unions per 10,000 residents)</td>
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<td>Households Spending Less than 30% of Household Income on Housing Costs (%)</td>
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<td>PRESCHOOL</td>
<td>Preschool (% ages 3 and 4 in school)</td>
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<td>HIGH SCHOOL GRADUATION</td>
<td>On-Time High School Graduation (% of freshmen who graduate in four years)</td>
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<td></td>
<td>POSTSECONDARY COMPLETION</td>
<td>Associate Degree or Higher (% of adults 25 and older)</td>
<td>same</td>
</tr>
<tr>
<td>Community Health and Civic Life</td>
<td>CIVIC ENGAGEMENT</td>
<td>Group Membership (% of adults 18 and older involved in social, civic, sports, and religious groups)</td>
<td>HISTORICAL DATA NOT AVAILABLE</td>
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<td>VOLUNTEERISM</td>
<td>Volunteerism (% of adults ages 18 and older)</td>
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<td></td>
<td>YOUTH ECONOMIC AND ACADEMIC INCLUSION</td>
<td>Youth Not in School and Not Working (% ages 16-24)</td>
<td>same</td>
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<tr>
<td></td>
<td>COMMUNITY SAFETY</td>
<td>Violent Crime (per 100,000 population)</td>
<td>same</td>
</tr>
<tr>
<td></td>
<td>ACCESS TO HEALTH CARE</td>
<td>Primary Care Providers (per 100,000 population)</td>
<td>Medical doctors (per 100,000)</td>
</tr>
<tr>
<td></td>
<td>ACCESS TO HEALTHY FOOD</td>
<td>Grocery Stores and Produce Vendors (per 10,000 population)</td>
<td>HISTORICAL DATA NOT AVAILABLE</td>
</tr>
</tbody>
</table>
Methodology

Calculating the Historical Report requires three general steps: normalizing each indicator in order to put them all on a common scale; averaging rescaled scores together within each of the three dimensions of the series; and averaging dimension scores together to calculate the overall scores for the report. All of the indicators in the Historical Report are weighted equally, and each of the three dimensions makes up one-third of the final value.

Normalizing Indicators

Data for the indicators used in the Historical Report come in many different forms, ranging from percentages to ratios, rates, or dollar values. In order to include them in a composite form, it is necessary to *rescale* the data so that they are all expressed in a common form. The Historical Report uses a simple rescaling procedure that compares the performance of a state on a given indicator to the highest and lowest outcomes observed anywhere on the same indicator. The numerical values of the highest and lowest outcomes have been set so as to be sensitive to the range of outcomes observed at the state level as well as extreme outliers and to anticipate changes in these indicators in the future. Therefore, the lowest and highest outcome values used may not literally represent the highest and lowest values observed across states in a given year. The natural log of median household income been used in the process of rescaling this indicator to normalize the highly skewed distribution of the data. The rescaled value ranges from 0 to 1, where 0 represents the worst possible outcome and 1 represents the best possible outcome. The general formula for rescaling indicators using this method is given below:

\[ \text{Observed Outcome Rescaled} = \frac{\text{Observed Outcome} - \text{Lowest Outcome}}{\text{Highest Outcome} - \text{Lowest Outcome}} \]

For some indicators, higher values *do not* represent positive or desirable outcomes, such as the unemployment rate, poverty rate, Gini index, youth not in school and not working, and the violent crime rate. In these cases, the outcome of the rescaling formula is subtracted from 1, as shown below:

\[ \text{Observed Outcome Rescaled} = 1 - \frac{\text{Observed Outcome} - \text{Lowest Outcome}}{\text{Highest Outcome} - \text{Lowest Outcome}} \]

The exact lowest and highest outcome values used in the calculation of the Historical Report are summarized in the following table:
### Calculating Dimension Scores and the final Opportunity Score

Once all the indicators are on a scale of 0 to 1 where 1 represents the most desirable possible outcome, scores are calculated for each of the three dimensions of the report. Scores are the average (arithmetic mean) of the rescaled values for all the indicators in the dimension. For example, the Education Score for a state is the average of rescaled scores for that state on preschool enrollment, on-time high school graduation and postsecondary completion. Dimension scores range from 0 to 1.

After subscores have been calculated for all three dimensions, the final Opportunity Score for states is the average (arithmetic mean) of the three dimension scores, multiplied by 100 to put the overall value on a scale of 0 to 100. This is the final Opportunity Score used to rank the 50 states and Washington DC in the Historical Report.

### Data Notes

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2 Median household income, the lowest outcome figure, and the highest outcome figure are all subject to a log transformation in the rescaling formula.
Indicators used in the Historical Report have been carefully analyzed to ensure that they are broadly comparable across time. In some cases, changes in the data source or definition of an indicator over time can complicate the comparability of that indicator. Please see the descriptions of each indicator below for more information on comparability issues.

Most of the indicators used in the report are estimates based on an analysis of survey data and are, therefore, subject to both sampling and non-sampling error. Different indicator values, dimension scores and overall Opportunity Scores do not imply that differences between states or differences within a state over time are necessarily statistically significant.
Sources

JOBS AND LOCAL ECONOMY DIMENSION

Indicator: Unemployment Rate (%)

Definition: The total number of people who do not have jobs but who have actively looked for work within the preceding four weeks and are available to work as a percentage of the total number of people in the labor force.


Notes: Data for 2010-1980 are non-seasonally adjusted estimates for the population ages 16 and older. Data for 1970 are non-seasonally adjusted estimates for the population ages 14 and older.

Indicator: Median Household Income (2012 dollars)

Definition: The income of the household exactly in the middle of the distribution of households by income, ranked from wealthiest to poorest. Household income includes earnings from work and other income from interest, dividends, Social Security, pension payments, unemployment compensation, and other regularly received forms of money for all members of the household.


Notes: Because income is not distributed equally across individuals or households, the average (mean) household income is much higher than the median. Median household income in 2010 for the United States was about $53,000 whereas average household income is about $72,000. All median household income figures in the Historical Series are expressed in inflation-adjusted 2012 dollars. Historical income data for 2000, 1990, 1980, and 1970 refer to income received in the years 1999, 1989, 1979, and 1969, respectively.

Indicator: Poverty (% of population below poverty line)

Definition: Percentage of people of all ages living on incomes below the federal poverty line.


Indicator: Gini index of income inequality

Definition: The Gini index is a statistical measure of income inequality. A Gini index value of 1 represents complete inequality (one household has all the income in a given state) and a Gini index value of 0 represents complete equality (all households in a given state have the exact same incomes).


EDUCATION DIMENSION

Indicator: Preschool (% ages 3 and 4 in school)

Definition: The percentage of children ages 3 and 4 enrolled in public or private nursery school, preschool, or kindergarten.


Notes: Data on preschool enrollment for 2010 are three-year estimates from the U.S. Census Bureau, American Community Survey. Multi-year estimates are used to permit the calculation of more stable estimates for the small populations in question. Preschool enrollment rates from previous years are calculated from decennial Census long-form data. Interpretation of changes over time in preschool enrollment rates should be made with caution due to slight changes in the survey questions asking about enrollment. The decennial Census long form asked respondents about enrollment in school during the previous two months while the American Community Survey asks about enrollment during the previous three months. Also, the exact text of the questions used to ask about enrollment status has changed slightly over historical Census years.
**Indicator:** On-Time High School Graduation (% of freshmen who graduate in four years)

**Definition:** The percentage of public high school freshmen that graduate after four years of high school.


**Notes:** This indicator is based on the number of diplomas awarded to members of a graduating class divided by the estimated size of the class four years earlier. Data for 2010 are for the graduating class of 2010. Data for 2000, 1990, 1980 and 1970 are for the cohorts graduating in 2001, 1991, 1981 and 1971, respectively.

**Indicator:** Associate Degree or Higher (% of adults 25 and older)

**Definition:** The percentage of adults ages 25 and older who have completed an associate degree or higher.


**Notes:** The U.S. Census Bureau has measured educational attainment as the highest degree completed since 1990. Prior to 1990, educational attainment was measured in years of schooling completed. In the Opportunity Index for 1970 and 1980, adults 25 and older who completed two or more years of post-secondary education were considered to have attained the equivalent of an associate degree or higher for the purposes of this analysis. Caution should be used when interpreting changes over time on this indicator however because it is possible that figures for 1970 and 1980 include adults who completed two years of postsecondary education but did not complete a degree.

**COMMUNITY HEALTH AND CIVIC LIFE DIMENSION**

**Indicator:** Youth Not in School and Not Working (% ages 16-24)

**Definition:** The percentage of the population ages 16 to 24 who are not enrolled in school and who are not working (either unemployed or not in the labor force).

**Source:** Measure of America analysis of data from the U.S. Census Bureau, American Community Survey 2010 and Census 2000 and Ruggles et al. for 1990-1970.

**Notes:** Interpretation of changes over time in the percentage of youth not in school and not working should be made with caution due to slight changes in the survey questions asking about
enrollment and labor force participation. The decennial Census long form asked respondents about enrollment in school during the previous two months while the American Community Survey asks about enrollment during the previous three months. Also, the exact text of the questions used to ask about enrollment and labor force participation has changed slightly over historical Census years.

**Indicator:** Violent Crime (per 100,000 population)

**Definition:** Total number of violent crimes per 100,000 people. Violent crimes include homicide, rape, robbery and assault.

**Source:** U.S. Department of Justice

**Notes:** Comparisons of the violent crime rate over time should be made with the following caveats in mind. Data for the District of Columbia in 2000 include reports from the Zoological Police but not from the Metro Transit Police. Data for Illinois for 1990, 2000 and 2010 include estimates of the total number of rapes and overall data for the state for 2000 and 2010 were adjusted by the Uniform Crime Reporting Program to improve comparability with data from other states. Data for Kansas, Kentucky and Montana for 2000 are based on the estimated number of total offenses for these states. Data for Minnesota for 2010 reflect only the cities of Minneapolis and St. Paul.

**Indicator:** Medical doctors (per 100,000 population)

**Definition:** The number of active, non-federal medical doctors per 100,000 residents.

**Sources:** Measure of America calculations using medical workforce data from the U.S. Department of Health and Human Services, *Area Health Resources Files* and population data from the U.S. Department of Health and Human Services, CDC-WONDER on-line database and the U.S. Census Bureau (Hobbs et al.).

**Notes:** Rates for 2010-1990 were calculated using July 1st estimates of the resident population for these years. As mid-year population estimates for 1970 and 1980 were not available, rates for 1980 and 1970 were calculated using April 1st counts of the resident population instead.
Reference List


U.S. Department of Health and Human Services, Health Resources and Services Administration, Bureau of Health Professions, Area Health Resources Files (AHRF). 2012-2013. Rockville, MD.

Image Sources

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Duke University Archives. Late Night Studying, 1970s.


Chicagogeek. 1970s Chicago Loop - Delaware Building.